## **FAMILIES & YOUTH**

EVENT	DATE	TIME	VENUE	£££	BOOKING
The Milk Spot	Mon:Fortnightly	10-12	The Chapel	Free	<u>Click Here</u>
The Mortgage Mum	Mondays:1st	10-12	The Chapel	Free	<u>Click Here</u>
Stories & Supper	Mondays	3:45-4:45	The Chapel	£2	<u>Click Here</u>
Teen Yoga 13 & 14 yrs	Mondays	5-5.45	The Chichester Shed	Free	<u>Click Here</u>
Yoga 15-25 yrs	Mondays	6-6.45	The Chichester Shed	Free	<u>Click Here</u>
Dance and Beyond	Tuesdays	4-5	The Community Hall		<u>Click Here</u>
Creation Station	Wednesdays	10-11	The Chichester Shed	£7	<u>Click Here</u>
Yoof Club!!	Wednesdays	6:30-8:30	The Chichester Shed	FREE	<u>Click Here</u>
Diddi Dance	Thursdays	9:30-10:15	The Community Hall		<u>Click Here</u>
Diddi Dance	Fridays	9:30-10:15	The Community Hall		<u>Click Here</u>
Graylingwell Girls Football	Sundays	9:30-10:30	Havenstoke Park	£7	<u>Click Here</u>
Youth Ambassadors	ComingSoon		The Chichester Shed	FREE	<u>Click Here</u>
Youth Kitchen	ComingSoon		The Chichester Shed	FREE	<u>Click Here</u>



# SCHOOL HOLIDAYS

EVENT	DATE	TIME	VENUE	222	BOOKING
Lego Room	Wednesdays	9-4	The Chapel	Free	<u>Click Here</u>
Crafty Thursdays	Thursdays	9-4	The Chapel	Free	<u>Click Here</u>



## THE ARTS & CREATIVES

EVENT	DATE	TIME	VENUE	£££	BOOKING
Art for Wellbeing	Tues: Fortnightly	2-3	The Chapel	Free	<u>Click Here</u>
Book Club	Tues: Monthly	7-8:30	The Water Tower	Free	<u>Click Here</u>
Watercolour Classes	Wednesdays/Friday	12:30-3:30	The Community Hall	£250	<u>Click Here</u>
	10-week course				
Stitch Club	Weds: Fortnightly	2-3:30	The Chapel	Free	<u>Click Here</u>
Big Notes Choir	Thursdays	8-10	The Pavilion	£23/month	<u>Click Here</u>
Words out Loud Writer's Club	Sat: Fortnightly	11-1	The Chapel	Free	<u>Click Here</u>
Common Threads	Sun: 2nd of month	10-11:30	The Community Hall	Free	<u>Click Here</u>
Chisel Pottery	Daily		The Chapel		<u>Click Here</u>



## HERITAGE

EVENT	DATE	TIME	VENUE	222	BOOKING
Walk & Talk: Graylingwell Hospital	15 June	1-3.30	The Chapel	£10	<u>Click Here</u>
	20 July	1-3.30	The Chapel	£10	<u>Click Here</u>
	14 September	1-3.30	The Chapel	£10	<u>Click Here</u>
Chapel Tour & Cream Tea	Contact to book		The Chapel		<u>Click Here</u>



## **COMMUNITY & SUPPORT**

EVENT	DATE	TIME	VENUE	£££	BOOKING
Cruse Bereavement	Mon: Fortnightly	2-3	The Chapel	Free	<u>Click Here</u>
IT Drop-in Session	Tuesdays	10-12	The Chapel	Free	<u>Click Here</u>
A space to be: EAL group	Tuesdays	12-2	The Chapel	Free	<u>Click Here</u>
Chatty Cafe	Tuesdays	2-4	The Chapel	Free	<u>Click Here</u>
Into the wild: adult outdoor group	Wednesdays	10-11	The Wild Space	Free	<u>Click Here</u>
Fish & Chip Quiz	Wed:3rd of month	7	The Chapel	£11	<u>Click Here</u>
Technology doesn't bite	Thursdays	10-12	The Chapel	Free	<u>Click Here</u>
Community Cafe Rousillon Park	Thursdays	10:30-12	The Community Hall	Free	<u>Click Here</u>
	Thur:4th of month	10:30-12	The Chapel	Free	<u>Click Here</u>
Carers Support Group	Thur: 2nd of month	1.45-3.15pm	The Community Hall	Free	<u>Click Here</u>
UK Harvest Pop-up Pantry	Fridays	3:30-4:30	The Chapel	£5	<u>Click Here</u>
Community Chest Fridge	Daily	9-4	The Chapel	Free	<u>Click Here</u>
Friends of Havenstoke Park Meet	23rd February	10	The Pavilion	Free	<u>Click Here</u>



# **EVENTS & ENTERTAINMENT**

EVENT	DATE	TIME	VENUE	222	BOOKING
Friday Night Live	15th Jan	6-9	The Chapel	Free	<u>Click Here</u>
Burns Night Barn Dance	25th Jan	6:30 Doors/7 Start	The Chapel	£6.50/£13	<u>Click Here</u>
Chichester Comedy Club	26th Jan	6 Doors/7.30 Start	The Chapel	£8/£17.50	<u>Click Here</u>
Spotlight Open Mic	1st Feb	7-10	The Chapel	Free	<u>Click Here</u>
Foot in the Door	2nd Feb	7-10	The Chapel	Free	<u>Click Here</u>
Friday Night Live	9th Feb	6-9	The Chapel	Free	<u>Click Here</u>
The Sleepy Lagoon Orchestra	14th Feb	7 Doors/7.30 Start	The Chapel	£0/£10	<u>Click Here</u>
Hennings Wine Tasting	16th Feb	6.30 Doors/7 Start	The Chapel	£22.50	<u>Click Here</u>
Uni Ensemble Extravaganza	20th Feb	7 Doors/7.30 Start	The Chapel	£0/£8	<u>Click Here</u>
Chichester Comedy Club	23rd Feb	6 Doors/7.30 Start	The Chapel	£8/£17.50	<u>Click Here</u>
Uni Symphonic Band	29th Feb	7 Doors/7.30 Start	The Chapel	£0/£8	<u>Click Here</u>
Foot in the Door	1st March	7-10	The Chapel	Free	<u>Click Here</u>
Spotlight Open Mic	7th March	7-10	The Chapel	Free	<u>Click Here</u>
Uni Languages Concert	12th March	7 Doors/7.30 Start	The Chapel	£0/£8	<u>Click Here</u>
Uni Jazz Concert	14th March	7 Doors/7.30 Start	The Chapel	£0/£8	<u>Click Here</u>



Latest updated: 01/01/2024 All details were correct at the time of update but please check our websites for latest information.

# **EVENTS & ENTERTAINMENT**

EVENT	DATE	TIME	VENUE	£££	BOOKING
Barn Dance	15th March	6:30 Doors/7 Start	The Chapel	£6.50/£13	<u>Click Here</u>
Uni Brass Concert	16th March	7 Doors/7.30 Start	The Chapel	£0/£8	<u>Click Here</u>
Uni Ensenble Comp	19th March	7 Doors/7.30 Start	The Chapel	£0/£8	<u>Click Here</u>
Chichester Comedy Club	28th March	6 Doors/7.30 Start	The Chapel	£8/£17.50	<u>Click Here</u>
Spotlight Open Mic	4th April	7-10	The Chapel	FREE	<u>Click Here</u>
Foot in the Door	5th April	7-10	The Chapel	FREE	<u>Click Here</u>
Mark Harrison	6th April	7 Doors/7.30 Start	The Chapel	£15	<u>Click Here</u>
Chichester Comedy Club	26th April	6 Doors/7.30 Start	The Chapel	£8/£17.50	<u>Click Here</u>
Barn Dance	18th May	6.30 Doors/7 Start	The Chapel	£13	<u>Click Here</u>
Chichester Comedy Club	31st May	6 Doors/7.30 Start	The Chapel	£8/£17.50	<u>Click Here</u>



## WELLBEING & FITNESS

YOGA & PILATES	DATE	TIME	VENUE
Yoga for all	Mondays	12:30pm-1:30pm	The Pavilion
Practical Pilates with Cecilie	Tuesdays	8-8:45am/9:30-10:30am/11-12	The Pavilion
Beginners Pilates with Luci	Tuesdays	5:30pm-6:30pm	The Pavilion
Mixed Ability Pilates with Luci	Tuesdays	6:45pm-7:45pm	The Pavilion
Mum & Baby Yoga	Wednesdays	9:30am-10:30am	The Pavilion
Yoga with Ellie	Wednesdays	6pm-7pm	The Pavilion
DDPY Fitness Yoga (ladies only)	Wednesdsays	6pm-7pm	The Community Hall
Practical Pilates with Cecilie	Thursdays	9:30am-10:30am/11am-12pm	The Pavilion
Chair Yoga (over 60s)	Thursdays	12:30-1:30pm	The Community Hall
Mixed Ability Pilates with Luci	Thursdays	5:30pm-6:30pm	The Pavilion
Beginners Pilates with Luci	Thursdays	6:45pm-7:45pm	The Pavilion
Yoga with Cailin	Fridays	11am-12pm	The Pavilion
Vinyasa Flow Yoga	Saturdays	8am-9am	The Pavilion
Gratitude Flow Yoga & Breathwork	Saturdays	10am-12pm	The Pavilion
Pilates	Saturdays	9:30am-10:30am	The Community Hall



## WELLBEING & FITNESS

DANCE & MUSIC	DATE	TIME	VENUE
Broadway Boogie	Mondays	5:30pm-6:30pm	The Pavilion
Figure 23 Dance Classes	Tuesdays	8am-9:15am	The Pavilion
Sing to Feel Good	Wednesdays	3pm-4pm	The Pavilion
Strictly Fit	Wednesdays	7.30-8.30pm	The Pavilion
Broadway Boogie Kids	Thursdays	4:15pm-5pm	The Pavilion
Big Notes Choir	Thursdays	8pm	The Pavilion
Turn'd Up with Abi	Saturday	2pm-3pm	The Pavilion
ENERGETIC CLASSES			
Mumfit	Mondays	9:30am-10:30am	The Pavilion
Power Spin	Mondays	6:45pm-7:45pm	The Pavilion
Couch to 5k	Tuesdays	9:30am-10:30am	Havenstoke Park
Mumfit	Fridays	9:30am-10:30am	The Pavilion
Graylingwell Girls Football	Sundays	9:30am-10:30am	Havenstoke Park



## WELLBEING & FITNESS

SLOW	DATE	TIME	VENUE
Winter Wellness Walk	Mondays	2:30pm-3:30pm	The Pavilion
Power Yin	Mondays	3:15pm-4pm	The Pavilion
Beginners Meditation	Mondays	8pm-9pm	The Pavilion
Thai Chi with Robert	Tuesdays	3pm-4pm/4:15pm-5:15pm	The Pavilion
Thai Chi with Heike	Wednesdays	11am-12pm	The Pavilion
Breathe to Heal	Fridays	12:30pm	The Pavilion
<b>Beginners Meditation</b>	Saturdays	9.15-10.15am	The Pavilion
Heart Smart Walk	13.1/16.3	10am	Havenstoke Park
Pavilion Taster Day	23rd February	9:30am-2:30pm	The Pavilion
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