

FAMILIES & YOUTH

| EVENT | DATE | TIME | VENUE | £££ | BOOKING |
|-----------------------------|-----------------|------------|--------------------|------|----------------------------|
| The Milk Spot | Mon:Fortnightly | 10-12 | The Chapel | Free | Click Here |
| The Mortgage Mum | Mondays:1st | 10-12 | The Chapel | Free | Click Here |
| Stories & Supper | Mondays | 3:45-4:45 | The Chapel | £2 | Click Here |
| Dance and Beyond | Tuesdays | 4-5 | The Community Hall | | Click Here |
| A Space To Be | Wednesdays | 4:30-6:00 | The Water Tower | Free | Click Here |
| Yoof Club!! | Wednesdays | 6:30-8:30 | The Water Tower | Free | Click Here |
| Diddi Dance | Thursdays | 9:30-10:15 | The Community Hall | | Click Here |
| Diddi Dance | Fridays | 9:30-10:15 | The Community Hall | | Click Here |
| Graylingwell Girls Football | Sundays | 9:30-10:30 | Havenstoke Park | £7 | Click Here |

Let's make it happen

CHICHESTER
COMMUNITY
DEVELOPMENT
TRUST

Latest updated: 01/01/2024

All details were correct at the time of update but please check our websites for latest information.

SCHOOL HOLIDAYS

| EVENT | DATE | TIME | VENUE | £££ | BOOKING |
|------------------|------------|------|------------|------|----------------------------|
| Lego Room | Wednesdays | 9-4 | The Chapel | Free | Click Here |
| Crafty Thursdays | Thursdays | 9-4 | The Chapel | Free | Click Here |

Let's make it happen

**CHICHESTER
COMMUNITY
DEVELOPMENT
TRUST**

Latest updated: 01/01/2024

All details were correct at the time of update but please check our websites for latest information.

THE ARTS & CREATIVES

| EVENT | DATE | TIME | VENUE | £££ | BOOKING |
|------------------------------|-------------------------------------|------------|--------------------|-----------|----------------------------|
| Art for Wellbeing | Tues: Fortnightly | 2-3 | The Chapel | Free | Click Here |
| Book Club | Tues: Monthly | 7-8:30 | The Water Tower | Free | Click Here |
| Watercolour Classes | Wednesdays/Friday 10-week course | 12:30-3:30 | The Community Hall | £250 | Click Here |
| Stitch Club | Weds: Fortnightly | 2-3:30 | The Chapel | Free | Click Here |
| Big Notes Choir | Thursdays | 8-10 | The Pavilion | £23/month | Click Here |
| Words out Loud Writer's Club | Sat: Fortnightly | 11-1 | The Chapel | Free | Click Here |
| Common Threads | Sun: 2nd of month | 10-11:30 | The Community Hall | Free | Click Here |
| Chisel Pottery | Daily | | The Chapel | | Click Here |

Let's make it happen

CHICHESTER
COMMUNITY
DEVELOPMENT
TRUST

Latest updated: 01/01/2024

All details were correct at the time of update but please check our websites for latest information.

HERITAGE

| EVENT | DATE | TIME | VENUE | £££ | BOOKING |
|------------------------------------|-----------------|--------|------------|-----|----------------------------|
| Walk & Talk: Graylingwell Hospital | 15 June | 1-3.30 | The Chapel | £10 | Click Here |
| | 20 July | 1-3.30 | The Chapel | £10 | Click Here |
| | 14 September | 1-3.30 | The Chapel | £10 | Click Here |
| Chapel Tour & Cream Tea | Contact to book | | The Chapel | | Click Here |

Let's make it happen

**CHICHESTER
COMMUNITY
DEVELOPMENT
TRUST**

Latest updated: 01/01/2024

All details were correct at the time of update but please check our websites for latest information.

COMMUNITY & SUPPORT

| EVENT | DATE | TIME | VENUE | £££ | BOOKING |
|------------------------------------|--------------------|-------------|--------------------|------|----------------------------|
| Cruse Bereavement | Mon: Fortnightly | 2-3 | The Chapel | Free | Click Here |
| IT Drop-in Session | Tuesdays | 10-12 | The Chapel | Free | Click Here |
| A space to be: EAL group | Tuesdays | 12-2 | The Chapel | Free | Click Here |
| Chatty Cafe | Tuesdays | 2-4 | The Chapel | Free | Click Here |
| Into the wild: adult outdoor group | Wednesdays | 10-11 | The Wild Space | Free | Click Here |
| Fish & Chip Quiz | Wed:3rd of month | 7 | The Chapel | £11 | Click Here |
| Technology doesn't bite | Thursdays | 10-12 | The Chapel | Free | Click Here |
| Community Cafe Rousillon Park | Thursdays | 10:30-12 | The Community Hall | Free | Click Here |
| | Thur:4th of month | 10:30-12 | The Chapel | Free | Click Here |
| Carers Support Group | Thur: 2nd of month | 1.45-3.15pm | The Community Hall | Free | Click Here |
| UK Harvest Pop-up Pantry | Fridays | 3:30-4:30 | The Chapel | £5 | Click Here |
| Community Chest Fridge | Daily | 9-4 | The Chapel | Free | Click Here |
| Friends of Havenstoke Park Meet | 23rd February | 10 | The Pavilion | Free | Click Here |



EVENTS & ENTERTAINMENT

| EVENT | DATE | TIME | VENUE | £££ | BOOKING |
|-----------------------------|------------|--------------------|------------|-----------|----------------------------|
| Friday Night Live | 15th Jan | 6-9 | The Chapel | Free | Click Here |
| Burns Night Barn Dance | 25th Jan | 6:30 Doors/7 Start | The Chapel | £6.50/£13 | Click Here |
| Chichester Comedy Club | 26th Jan | 6 Doors/7.30 Start | The Chapel | £8/£17.50 | Click Here |
| Spotlight Open Mic | 1st Feb | 7-10 | The Chapel | Free | Click Here |
| Foot in the Door | 2nd Feb | 7-10 | The Chapel | Free | Click Here |
| Friday Night Live | 9th Feb | 6-9 | The Chapel | Free | Click Here |
| The Sleepy Lagoon Orchestra | 14th Feb | 7 Doors/7.30 Start | The Chapel | £0/£10 | Click Here |
| Hennings Wine Tasting | 16th Feb | 6.30 Doors/7 Start | The Chapel | £22.50 | Click Here |
| Uni Ensemble Extravaganza | 20th Feb | 7 Doors/7.30 Start | The Chapel | £0/£8 | Click Here |
| Chichester Comedy Club | 23rd Feb | 6 Doors/7.30 Start | The Chapel | £8/£17.50 | Click Here |
| Uni Symphonic Band | 29th Feb | 7 Doors/7.30 Start | The Chapel | £0/£8 | Click Here |
| Foot in the Door | 1st March | 7-10 | The Chapel | Free | Click Here |
| Spotlight Open Mic | 7th March | 7-10 | The Chapel | Free | Click Here |
| Uni Languages Concert | 12th March | 7 Doors/7.30 Start | The Chapel | £0/£8 | Click Here |
| Uni Jazz Concert | 14th March | 7 Doors/7.30 Start | The Chapel | £0/£8 | Click Here |

Let's make it happen

CHICHESTER
COMMUNITY
DEVELOPMENT
TRUST

Latest updated: 01/01/2024

All details were correct at the time of update but please check our websites for latest information.

EVENTS & ENTERTAINMENT

| EVENT | DATE | TIME | VENUE | £££ | BOOKING |
|------------------------|------------|--------------------|------------|-----------|----------------------------|
| Barn Dance | 15th March | 6:30 Doors/7 Start | The Chapel | £6.50/£13 | Click Here |
| Uni Brass Concert | 16th March | 7 Doors/7.30 Start | The Chapel | £0/£8 | Click Here |
| Uni Ensemble Comp | 19th March | 7 Doors/7.30 Start | The Chapel | £0/£8 | Click Here |
| Chichester Comedy Club | 28th March | 6 Doors/7.30 Start | The Chapel | £8/£17.50 | Click Here |
| Spotlight Open Mic | 4th April | 7-10 | The Chapel | FREE | Click Here |
| Foot in the Door | 5th April | 7-10 | The Chapel | FREE | Click Here |
| Mark Harrison | 6th April | 7 Doors/7.30 Start | The Chapel | £15 | Click Here |
| Chichester Comedy Club | 26th April | 6 Doors/7.30 Start | The Chapel | £8/£17.50 | Click Here |
| Barn Dance | 18th May | 6.30 Doors/7 Start | The Chapel | £13 | Click Here |
| Chichester Comedy Club | 31st May | 6 Doors/7.30 Start | The Chapel | £8/£17.50 | Click Here |



CHICHESTER
COMMUNITY
DEVELOPMENT
TRUST

Latest updated: 01/01/2024

All details were correct at the time of update but please check our websites for latest information.

WELLBEING & FITNESS

YOGA & PILATES

| | DATE | TIME | VENUE |
|----------------------------------|------------|-----------------------------|---------------------------|
| Yoga for all | Mondays | 12:30pm-1:30pm | The Pavilion |
| Practical Pilates with Cecilie | Tuesdays | 8-8:45am/9:30-10:30am/11-12 | The Pavilion |
| Beginners Pilates with Luci | Tuesdays | 5:30pm-6:30pm | The Pavilion |
| Mixed Ability Pilates with Luci | Tuesdays | 6:45pm-7:45pm | The Pavilion |
| Mum & Baby Yoga | Wednesdays | 9:30am-10:30am | The Pavilion |
| Yoga with Ellie | Wednesdays | 6pm-7pm | The Pavilion |
| DDPY Fitness Yoga (ladies only) | Wednesdays | 6pm-7pm | <u>The Community Hall</u> |
| Practical Pilates with Cecilie | Thursdays | 9:30am-10:30am/11am-12pm | The Pavilion |
| Chair Yoga (over 60s) | Thursdays | 12:30-1:30pm | <u>The Community Hall</u> |
| Mixed Ability Pilates with Luci | Thursdays | 5:30pm-6:30pm | The Pavilion |
| Beginners Pilates with Luci | Thursdays | 6:45pm-7:45pm | The Pavilion |
| Yoga with Cailin | Fridays | 11am-12pm | The Pavilion |
| Vinyasa Flow Yoga | Saturdays | 8am-9am | The Pavilion |
| Gratitude Flow Yoga & Breathwork | Saturdays | 10am-12pm | The Pavilion |
| Pilates | Saturdays | 9:30am-10:30am | <u>The Community Hall</u> |

Let's make it happen

CHICHESTER
COMMUNITY
DEVELOPMENT
TRUST

Latest updated: 01/01/2024

All details were correct at the time of update but please check our websites for latest information.

WELLBEING & FITNESS

DANCE & MUSIC

| | DATE | TIME | VENUE |
|-------------------------|------------|---------------|--------------|
| Broadway Boogie | Mondays | 5:30pm-6:30pm | The Pavilion |
| Figure 23 Dance Classes | Tuesdays | 8am-9:15am | The Pavilion |
| Sing to Feel Good | Wednesdays | 3pm-4pm | The Pavilion |
| Strictly Fit | Wednesdays | 7.30-8.30pm | The Pavilion |
| Broadway Boogie Kids | Thursdays | 4:15pm-5pm | The Pavilion |
| Big Notes Choir | Thursdays | 8pm | The Pavilion |
| Turn'd Up with Abi | Saturday | 2pm-3pm | The Pavilion |

ENERGETIC CLASSES

| | | | |
|-----------------------------|----------|----------------|-----------------|
| Mumfit | Mondays | 9:30am-10:30am | The Pavilion |
| Power Spin | Mondays | 6:45pm-7:45pm | The Pavilion |
| Couch to 5k | Tuesdays | 9:30am-10:30am | Havenstoke Park |
| Mumfit | Fridays | 9:30am-10:30am | The Pavilion |
| Graylingwell Girls Football | Sundays | 9:30am-10:30am | Havenstoke Park |

Let's make it happen

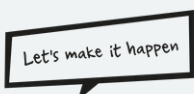
CHICHESTER
COMMUNITY
DEVELOPMENT
TRUST

Latest updated: 01/01/2024

All details were correct at the time of update but please check our websites for latest information.

WELLBEING & FITNESS

| SLOW | DATE | TIME | VENUE |
|----------------------|---------------|-----------------------|-----------------|
| Winter Wellness Walk | Mondays | 2:30pm-3:30pm | The Pavilion |
| Power Yin | Mondays | 3:15pm-4pm | The Pavilion |
| Beginners Meditation | Mondays | 8pm-9pm | The Pavilion |
| Thai Chi with Robert | Tuesdays | 3pm-4pm/4:15pm-5:15pm | The Pavilion |
| Thai Chi with Heike | Wednesdays | 11am-12pm | The Pavilion |
| Breathe to Heal | Fridays | 12:30pm | The Pavilion |
| Beginners Meditation | Saturdays | 9.15-10.15am | The Pavilion |
| Heart Smart Walk | 13.1/16.3 | 10am | Havenstoke Park |
| Pavilion Taster Day | 23rd February | 9:30am-2:30pm | The Pavilion |



CHICHESTER
COMMUNITY
DEVELOPMENT
TRUST

Latest updated: 01/01/2024

All details were correct at the time of update but please check our websites for latest information.